

Es-FORTITUDE[®]

NOURISH

INDICATIONS:

PRE-CONDITIONING FORMULA RECOMMENDED
TO BE USED BEFORE THERAPY

INGREDIENTS

NUTRITIONAL INFORMATION

(PER SERVING)

NUTRIENTS	UNIT	PER 100 (G)	PER SERVING (33 G)	% RDA *
Energy	Kcal	654	130.8	6.5%
Protein	g	16	3.2	5.3%
Fat	g	55.6	11.1	44.40%
Saturated fatty acids	g	39.5	7.9	**
MCT (Medium Chain Triglyceride)	g	16	3.2	**
Polyunsaturated fatty acids	g	0	0	**
DHA as (Omega 3 Fatty acid)	mg	50	10	**
Mono saturated fatty acids	g	0	0	**
Trans fatty acids	g	0	0	**
Cholesterol	mg	0	0	**
Carbohydrate	g	22.5	4.5	-
Sugar (as Sucrose)	g	0	0	-
Dietary Fibre	g	8	1.6	6.4%
Co-enzyme Q10	mg	100	20	**
Nanocurcumin	mg	250	50	**
VITAMINS				
Vitamin A	mcg	3000	600	100%
β-Carotene	mg	24	4.8	100%
Vitamin C	mg	200	40	100%
Vitamin D	IU	2000	400	100%
Vitamin E	mg	50	10	100%
Vitamin K1	mcg	275	55	100%
Vitamin B1	mg	1.5	0.3	25%
Vitamin B2	mg	1.75	0.35	25%
Vitamin B3	mg	20	4	25%
Vitamin B5	mg	12.5	2.5	**
Vitamin B6	mg	10	2	100%
Folic Acid	mcg	1000	200	100%
Vitamin B12	mcg	5	1	100%
Biotin	mcg	250	50	**
MINERALS & MICRONUTRIENTS				
Zinc	mg	30	6	50.0%
Selenium	mcg	150	30	50.0%
PROBIOTIC				
Bacillus coagulants (As Ganeden BC30)	cfu	cfu	10 billion	**



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PATIENT INFORMATION

Direction for use:

Oral Feeding- 1 sachet (20gm)

in 120 ml water. Tube Feeding-

1 sachet in 50 ml of water to

obtain 65 ml feed

Presentation: 1x14 Sachet/ Box

Flavour: Strawberry Milkshake

Dosage: 2 Sachet/Day