

Es-FORTITUDE[®]

RECOVER



INDICATIONS:

DURING THERAPY FORMULA RECOMMENDED TO
BE USED DURING THERAPY

INGREDIENTS (S)

NUTRITIONAL INFORMATION (PER SERVING)

NUTRIENTS	UNIT	PER 100 (G)	PER SERVING (33 G)	% RDA *
Energy	Kcal	428.5	85.7	4.3%
Protein	g	13.2	2.64	4.4%
Fat	g	10.5	2.1	8.4%
Saturated fatty acids	g	2.5	0.5	**
MCT (Medium Chain Triglycerides)	g	7.5	1.5	**
Polyunsaturated fatty acids	g	0	0	**
DHA (Omega 3 Fatty acid)	mg	50	10	**
Monosaturated fatty acids	g	0	0	**
Trans Fatty acids	g	0	0	**
Cholesterol	mg	0	0	**
Carbohydrate	g	70.3	14.06	-
Sugar (as Sucrose)	g	0	0	-
Dietary Fibre (as Prebiotics)	g	6	1.2	5.2%
Co-enzyme Q10	mg	250	50	**
L-Glutamine	mg	2500	500	**
Nanocurcumin	mg	250	50	**
Piperine (Bioperine)	mg	5	1	**
Astaxanthin	mg	20	4	**
Resveratrol	mg	110	22	**
VITAMINS				
Vitamin A	mcg	3000	600	100%
β-Carotene	mg	24	4.8	100%
Vitamin C	mg	200	40	100%
Vitamin D	IU	2000	400	100%
Vitamin E	mg	50	10	100%
Vitamin K1	mcg	275	55	100%
Vitamin B1	mg	1.5	0.3	25%
Vitamin B2	mg	1.75	0.35	25%
Vitamin B3	mg	20	4	25%
Vitamin B5	mg	12.5	2.5	**
Vitamin B6	mg	10	2	100%
Folic Acid	mcg	1000	200	100%
Vitamin B12	mcg	5	1	100%
Biotin	mcg	250	50	**
MINERALS & MICRONUTRIENTS				
Zinc	mg	60	12	100%
Selenium	mcg	300	60	100%
PROBIOTIC				
Ganaden Bc30	CFU	10 billion	2 billion	**



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PATIENT INFORMATION

Product Specifications :

Natural antioxidants to enhance recovery & reduce the risk of recurrence.

Direction for use: Oral Feeding-

1 sachet (20gm) in 120 ml water.

Tube Feeding- 1 sachet in 50 ml of water to obtain 65 ml feed

Presentation: 1x14 Sachet/ Box

Flavour: Rich Milk Chocolate

Dosage: 2 Sachet/Day